

FC FREDERICK

Soccer in the Summer League Rules

1. FIFA rules apply if not modified herein.
2. Match Format:
7v7 (6 outfield players plus a GK'er)
3. Field of play:
45-55 yards wide x 70-80 yards long
Goals are 7' x 21' size
4. Ball size:
10U & 12U = Size 4 ball
14U, 16U, 18U, & Open = Size 5 ball
5. Duration of Play:
The referee will keep the game time on the field.
10U/12U = 50 minute game (2 x 25 minute halves)
14U/16U = 60 minute game (2 x 30 minute halves)
18U/Open = 70 minute game (2 x 35 minute halves)
6. Center referee only
7. Substitutions:
Unlimited with regard to the number of players and re-entry.
At any stoppage of play, with the referee's permission, regardless of possession.
8. Restarts:
The ball is put back into play via a kick-in. Players should not pick up the ball but retrieve it with their feet to put it back in play. The ball should be placed on the touchline where it went out. **The first restart pass is FREE.** All restarts are indirect except Corner kicks and Penalty kicks which are direct.