

UNITED RECREATIONAL SOCCER LEAGUE (URSL)

Fall 2020 (Updated 10/23/2020)

League Framework

COVID-19 League Policy for Game Day

- ✓ **Spectators** over the age of 5 must always wear face coverings when attending a game and should socially distance 6 feet or more apart, **(FACE COVERINGS MUST always BE WORN even when distancing)**
- ✓ Spectators must be on the opposite side of the pitch from teams, NO spectators behind the goal area
- ✓ Players will only use balls provided by the Coach, NOT THEIR OWN!
- ✓ Players MAY NOT TOUCH soccer balls or cones with their hands (Coaches will pick them up when needed)
- ✓ NO Throw ins during play by players
- ✓ NO Throw ins by spectators when the ball goes out of bounds
- ✓ Each player will have an assigned spot on the side lines to place their gear by
- ✓ Each player MUST bring HIS or HER OWN water bottle, NO sharing between players.
- ✓ Players will sanitize hands before games & after games
- ✓ NO High Fives, Elbow Bumps, Shaking Hands, or overall touching between players/teams before or after games
- ✓ Players will socially distance on the side lines when waiting to join the game.
- ✓ **Players** over the age of 5 must wear face coverings pregame, during the game (when on sidelines) and post-game. They may only remove them when they are actively participating on the field in the game or warming up.
- ✓ **Coaches** must always wear face coverings pregame, during the game and post-game.
- ✓ Please depart the field as soon as games are over, no congregating around the field area.
- ✓ Coaches will not hold an end of game meeting with the team on the field or side lines.

In addition, any persons participating/attending a United Regional Soccer League (URSL) event or function is required to conduct a self-health test 1 hour prior to the event or function. If any person answers yes to any of the following questions, that person will not be able to participate or spectate at the United Regional Soccer League (URSL) event.

1. Fever (temperature greater than 100.4 for children and greater than 100 for adults)
2. New or worsening cough
3. Shortness of breath or trouble breathing
4. Sore throat, different than your seasonal allergies
5. New loss of smell and/or taste
6. Diarrhea or vomiting
7. Do you have a household or close contact who has been diagnosed with COVID-19 in the past 2 weeks?

UNITED RECREATIONAL SOCCER LEAGUE (URSL)

League Framework

Game Day Format

We will try to offer an all-Female, Male & Co-Ed division for each age group

- 7v7 play for all ages, 6 field players & 1 GK (U9, U11, U13 & U15)
- No minimum field player counts to start game & players may join the opposing team's roster if needed on game day
- Club Pass Rule Allowed (Players may play with multiple teams on the same day)
- **Mercy Rule: Up 5 points, opposing team may add a player until it is at a 3-point differential.**
- One referee officiating per game
- Teams will play 8 games barring COVID-19 conflicts
- Clubs will pay referee fees at the end of the season (see below fee breakdown)

- U9 Match Time = 25min halves, 5-minute halftime
- U11 Match Time = 30min halves, 5-minute halftime
- U13 Match Time = 35min halves, 5-minute halftime
- U15 Match Time = 40min halves, 5-minute halftime
- Pre-Game warmups no earlier than 20min prior to kickoff start time
- Post-Game players & coaching staff must leave field immediately following game

- U9 & U11 will play on a 7v7 field "U9 Field"
- "U9 Field" Dimensions (35-45 yd wide) (55-70 yd long) Goal Size 6' x 18'
- U13 & U15 will play on a 9v9 field "U11 Field"
- "U11 Field" Dimensions (45-55 yd wide) (70-85 yd long) Goal Size 7' x 21'
- No buildout line for U11, U13 & U15 games

- Players should bring two different color jerseys to games in case of conflicting colors, jersey numbers not required (Home Team Should Change First If Needed)
- Laws of the game will be followed with two exceptions
<https://www.usyouthsoccer.org/file.aspx?DocumentId=2307>

Instead of a throw-in we will use a kick-in from the touchline and that first pass is free. (It is considered an exact replacement for a throw-in rules-wise, so no offside and exactly like a throw-in you cannot score directly from it. The "first pass is free" is implemented; thus, if it is On The Ground and does not enter the defending team's penalty area the defending team must let the inbounding team gain possession. They can of course immediately defend once the opponents have possession.

League schedule link http://fcfrederick.demosphere.com/URSL/index_E.html?1599334411

UNITED RECREATIONAL SOCCER LEAGUE (URSL)

League Framework

- Substitutions: Unlimited at any stoppage of play, with the referee's permission
- Home Team will prepare the game field properly pre-game start kickoff time, goals, and corner flags in place.
- Home team will provide 2 to 3 sanitized game balls per game, referee will approve pre-game. (No un-sanitized balls allowed in play)
- Winning team reports scores if a draw then home team reports scores. Once scores are entered in the app they can only be changed by Dave, email him the adjustment along with the game number. dshannonsoccer@gmail.com
- Players that receive a RED card must sit out the following game. Any cards should be reported to Dave using a google doc, here is the link https://docs.google.com/forms/d/e/1FAIpQLScYu-30B_3dsL9sKgU5Xm1E3ysEco2mFL3cDBY3rGDIMtmCqg/viewform .
- Rainouts- If a field needs to be closed due to weather, Clubs need to notify the league two hours prior to the first game scheduled at said field or 10am, whichever is earlier. This should be done via the TeamSnap App Account (United Recreational Soccer League Admin) under the messages "CHAT" section (**does not work on full site**).
- Games will then be taken down; automatic emails will be generated to all the contacts for each team and the referee assignors. A message will also be posted to the web site. In addition, anyone (Coaches, Players & Parents) can sign up for a text notification when a field is closed. Click on the **field name** on your league team website schedule, then choose **Signup for Closure Text Notifications!** *Rain dates will be automatically rescheduled on the first Sunday available for both teams*



Important Dates

First games played on 9/12/2020 & Last games played on 11/07/2020 & 11/08/2020

Families, Coaches & Club Admin can get the team schedule added to their calendar app. Click on the Calendar link on your league team website

GAME#	Date	Time	Home	Away	Location
September 2020					
4003	Sat Sep 12	1:50 pm	PVVA Spurs	GVAA U11-Daniluck	Cambridge Farms Park 1

Choice 1. This link can be used by calendar apps which support the webcal protocol - click, copy, and paste into your calendar app to subscribe:

Choice 2. Click here to subscribe using Google calendar:

Choice 3. Download an .ics calendar file - this file will not automatically update if changes are made to the schedule: